

Chudography Yoga Teacher Training

Assessment Policy

Purpose

The purpose of this policy is to ensure that assessment is fair, transparent and supportive while maintaining the high standards expected of Chudography Yoga Teacher Training graduates.

Assessment is designed to support learning throughout the course, helping students develop into safe, knowledgeable and authentic yoga teachers.

Chudography Principle

At Chudography, assessment is not about catching people out or judging perfection. It is about recognising growth, encouraging reflection and helping each trainee become the best teacher they can be.

We believe confidence develops through practice, constructive feedback and consistent support. Assessment is therefore an ongoing process throughout the course rather than a single final event.

1. Assessment Philosophy

1.1. Students will be assessed continuously throughout the programme.

1.2. Rather than relying solely on a final practical assessment, students will receive regular feedback across all aspects of the training to support their development and identify any areas requiring further attention.

1.3. The final assessment is intended to confirm the skills that have been developed throughout the course, rather than introduce new expectations.

2. The Chudography Teaching Framework

2.1. Assessment throughout the programme is based on the Chudography Teaching Framework.

2.2. Students will receive a copy of the framework at the beginning of the course and it will be used consistently throughout the training, including observations, teaching practices, peer feedback, tutorials and the final assessment.

2.3. This allows students to understand the assessment criteria from the outset and monitor their own progress throughout the programme.

3. Ongoing Assessment

Assessment may include:

3.1. Practical teaching observations.

3.2. Teaching practices during training weekends.

3.3. Peer teaching.

3.4. Tutor observation and feedback.

3.5. Self-reflection.

3.6. Written and reflective coursework.

3.7. Home study tasks.

3.8. Participation during training weekends.

3.9. The final practical assessment.

3.10. Students are encouraged to view feedback as an opportunity for learning and professional development.

4. Individual Progress Reviews

4.1. Every student will take part in a 30 minute individual progress review every three months.

4.2. These reviews may take place either in person or via video call.

The purpose of these meetings is to:

4.3. Review progress against the Chudography Teaching Framework.

4.4. Celebrate strengths and achievements.

4.5. Identify any areas requiring further development.

4.6. Discuss confidence, wellbeing and learning needs.

4.7. Agree clear goals before the next stage of the course.

4.8. These meetings are intended to provide personalised support and ensure students always understand how they are progressing.

5. Students Requiring Additional Support

5.1. If a student is not currently meeting the expected standard, this will be discussed as early as possible.

5.2. Students will never reach the final assessment without having previously received feedback regarding any significant concerns.

5.3. Where additional support is needed, an individual action plan will be agreed. This may include:

5.4. Additional teaching practice.

5.5. Observation of further yoga classes.

5.6. Further reading or coursework.

5.7. One to one mentoring.

5.8. Additional practical teaching opportunities.

5.9. Targeted feedback and reflection.

5.10. The aim is to provide every student with a fair opportunity to develop before the end of the course.

6. Final Assessment

6.1. The final assessment will evaluate the student's ability to teach safely, confidently and professionally using the Chudography Teaching Framework.

6.2. Students must demonstrate that they meet the required standard across the assessment criteria in order to successfully complete the course.

7. Reassessment

7.1. Students who do not meet the required standard at the final assessment will receive detailed feedback identifying the areas requiring further development.

7.2. An agreed action plan will be provided together with a reasonable period of time to complete any further preparation before reassessment.

7.3. Students are entitled to one reassessment opportunity.

7.4. If the required standard is still not achieved following reassessment, certification will not be awarded.

7.5. At the discretion of Chudography, the student may be offered guidance regarding further development, additional training or future reassessment opportunities.

8. Certification

Certificates will only be awarded once students have:

- 8.1. Successfully met the required standard within the Chudography Teaching Framework.
- 8.2. Completed all required assessments.
- 8.3. Met the attendance requirements.
- 8.4. Completed any required make up work.
- 8.5. Paid all outstanding course fees.

Review

This policy will be reviewed annually to ensure it remains fair, transparent and aligned with the values of Chudography.