

Chudography Yoga Teacher Training

Code of Conduct Policy

Purpose

The purpose of this policy is to establish the standards of behaviour expected of all students attending the Chudography Yoga Teacher Training. It aims to create a learning environment that is safe, inclusive, respectful and supportive, allowing every student to learn with confidence and contribute positively to the training community.

Chudography Principle

At Chudography, we believe that the best learning happens when people feel safe enough to ask questions, make mistakes and grow. Every person brings different experiences, perspectives and strengths to the course, and these differences enrich the learning of the whole group.

As future yoga teachers, we have a responsibility to treat ourselves and others with kindness, curiosity and respect. Our conduct should reflect the values we hope to bring into our own classes: professionalism, compassion, integrity and authenticity.

1. Expectations of Students

Students are expected to:

- 1.1 Treat fellow students, tutors, guest teachers and members of the public with kindness, courtesy and respect.
- 1.2. Arrive on time and participate fully in all scheduled learning activities.
- 1.3. Take responsibility for their own learning and engage positively with feedback.
- 1.4. Communicate honestly and respectfully, even when opinions differ.
- 1.5. Respect the privacy and confidentiality of fellow students.
- 1.6. Maintain appropriate professional boundaries at all times.
- 1.7. Follow all course policies and procedures.
- 1.8. Behave in a way that contributes positively to the learning environment.

2. Creating a Positive Learning Environment

2.1. Students are expected to help create an environment where everyone feels welcome and supported.

This includes:

- 2.2. Listening respectfully when others are speaking.
- 2.3. Encouraging and supporting fellow trainees.
- 2.4. Respecting different backgrounds, experiences and perspectives.
- 2.5. Being open to learning from others.
- 2.6. Giving constructive feedback respectfully.
- 2.7. Helping to create a culture of collaboration rather than competition.

3. Professional Behaviour

3.1. As trainee yoga teachers, students are expected to demonstrate professional standards throughout the course.

This includes:

- 3.2. Acting with honesty and integrity.
- 3.3. Teaching within the limits of their knowledge and experience.
- 3.4. Respecting the physical and emotional boundaries of others.
- 3.5. Seeking guidance when unsure.
- 3.6. Presenting themselves professionally during teaching practices and assessments.
- 3.7. Using inclusive and respectful language.

4. Mobile Phones and Digital Devices

To support a focused learning environment:

- 4.1. Mobile phones should be switched to silent during training sessions.
- 4.2. Phone use should be limited to breaks unless required for learning activities or emergencies.
- 4.3. Laptops and tablets may be used where appropriate for note taking or course activities.
- 4.4. Being fully present is an important part of the learning experience.

5. Photography, Video and Social Media

5.1. Students must respect the privacy of others when taking photographs or recording video during the course.

5.2. Images or recordings of fellow students, tutors or teaching sessions must not be shared publicly without the consent of everyone involved.

5.3. Students are expected to represent themselves and Chudography professionally when referring to the course on social media.

6. Unacceptable Behaviour

6.1. The following behaviours are not consistent with the values of Chudography and may result in action being taken:

6.2. Bullying, harassment or discrimination.

6.3. Aggressive, intimidating or abusive behaviour.

6.4. Persistent disruption to teaching sessions.

6.5. Dishonesty or plagiarism.

6.6. Breaches of confidentiality.

6.7. Unsafe teaching practices.

6.8. Behaviour that places others at risk.

6.9. Failure to follow reasonable instructions from tutors.

7. Breaches of the Code of Conduct

7.1. Where concerns arise, Chudography will normally seek to resolve issues through open discussion and supportive guidance wherever appropriate.

Depending on the seriousness of the concern, action may include:

7.2. Informal discussion.

7.3. Verbal or written warning.

7.4. An agreed improvement plan.

7.5. Temporary suspension from training.

7.6. Removal from the course in cases of serious or repeated misconduct.

7.7. Any action taken will be proportionate, fair and based on the circumstances of the individual case.

8. Student Responsibility

8.1. Every student contributes to the culture of the course.

Students are encouraged to:

8.2. Take responsibility for their actions.

8.3. Communicate openly and respectfully.

8.4. Seek support when needed.

8.5. Raise concerns promptly if something affects their learning or wellbeing.

8.6. Help create a community where everyone feels safe to learn and develop.

Review

This policy will be reviewed annually to ensure it remains fair, transparent and aligned with the values of Chudography.